



Golf Association Newsletter



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Sisters Who Swing Golf Association
The **NEW** premier women's amateur golf association

WELCOME!...

*Joy D. Wolfe / President / Director
Veronica Etheredge / Vice President
Kelly Garrison / Handicap Chair*

*Helen Paige Robinson / Secretary
Barbara C. Jolly / Treasurer*

We'd love to hear from you. Email us your comments – swsgolf@earthlink.net
For all the latest information visit us online at the website: www.swsgolfassoc.com

SWS Golf Association Inaugural 2009 “How to Score”



What makes golf fun for you? Birdies! Birdies! Everyone loves to make Birdies. What's happening on the golf course around the greens? That's when it gets scary out there! When you see golfers walking up to play their short game shots with 4-different clubs in their hands and trying to decide which club to use. Too much thinking encourages a lot of stinking! So what are the two most common, most annoying errors in chipping? The fat chip (chunker) that goes

nowhere ... and the thin chip (skull) that shoots across the green, perhaps even into the bunker the other side.

With a good short game scoring becomes easier. Miss a few greens in regulation and with a good short game you can still make par. On a standard seven iron chip and run the ball flies approximately one third of its distance through the air and then runs across the green for two thirds. On a thirty yard chip the ball has to pitch ten yards away from you.

On a short pitch there is weight transference from the back foot to the front foot on the downswing. Make sure the heel of your right foot comes off the ground slightly to guarantee your body weight is transferred onto the front foot. This will stop you quitting on the shot.

Picture exactly where you want

the ball to land. Do not just hit the ball into a general area. Imagining exactly where you want the ball to land helps you feel how hard to hit the shot. Visualization is vital for positive pitching. See it, feel it, strike it.

On all short game shots, within twenty yards of the green, keep watching the ball closely until impact. Then don't look up, try to keep looking at the ground until you hear the ball land.

Master the short game and make a lot of 1-putts. To be able to stand over a putt that you know that you have the opportunity to break par is a tremendous feeling. It's an adrenaline rush - the anticipation of making the putt and watching it sink into the hole or the agony of the ball just rimming the cup and squirting out.

Golf is about succeeding sometimes and failing other

times. I believe you get better by understanding your failures and improving on them so that they happen less often.

Learn something new and exciting so every time you step onto a golf course that will help you to become a better golfer every time you play!

SWS will be having short game clinics throughout the winter season. Be sure and sign up, and have the best rounds in the coming season 2010.

There is a place for you in SWS Golf Association.

JOIN SWS TODAY

**SWS Golf Association
Inaugural 2009
Nemacolin-“Fairway’s to
Heaven”
Farmington, PA
Oct 9-11, 2009**



Wake Robin Golf Club (WRGC) the oldest African American women’s golf club sponsored the outing at Nemacolin. Pamela Green and Vivian Grantham were the chair persons and had gathered the women including SWS golfers to participate in this outing. Laveda Le’sure highlighted her golf skills at

Nemacolin. It was as briskly cold as over 60 women gathered at the Nemacolin Resort for a golf outing.

The trophy she is holding was not for coming in first or second but for being a great competitor and hanging in there as a new golfer. Laveda had just started playing golf this year and by the time she arrived at Nemacolin she had only been on the course less than 3 months, but she has mastered the art of coming out the tee box and was able to win the longest drive in the competition as well.

SWS are proud to have Laveda as one of our newest golfers and look forward to her golf game as a season golfer in 2010.



If you couldn’t swing your clubs well at Nemacolin, your knowledge of golf trivia helped. Above the team of Kim, Kelly, Joy and Pandolla won the trivia quiz by getting 15 of 18 correct. They are displaying their awards with the medals around their necks.



No, Honey Wade in the apron wasn’t the “CHEF” but she was

awarded that apron as the winner of the putting contest. Mary Lou on the right won the “RAFFLE” prize of \$150 shopping spree at Golf Etc.

The courses were in great shape and having a Fore Caddie was an experience that most ladies enjoyed.



The “Fore Caddie” was with each Foursome, giving signals of how your ball landed, where it landed and where to hit your shots in the fairways and on the greens.

Even the newer golfers were able to participate in this outing.

Definitely fun was had by all and SWS looks forward to participating in this event again next year in *September 16-19, 2010*. Look for details from *WRGC*.

**Outdoor Season
SWS Golf Association
Inaugural 2009
Championship Rounds**



SWS 18-hole league players have finished their rounds.

1st round of play was held at Patuxent Greens Golf Club.

Second round of play was rained out on September 26, at Goose Creek Golf Course. Only 9-holes were played.

Final rounds were played in Nemascolin. The weather was as challenging as the golf outing. All finished and had a great time.

SWS finished the 18 hole league play with the following winners.

Club Champion– Joy D. Wolfe
Low Gross 1st – Kelly Garrison
Low Gross 2nd-Debbie Stossel
Low Gross 3rd-Honey Wade

Low Net 1st–Veronica Etheredge
Low Net 2nd-Pamela Green
Low Net 3rd-Laveda Le'sure

SWS played 3 rounds of golf in their championship play. All SWS members were eligible to play in the championship. A club champion, 1st place low gross, low net and 2nd & 3rd place awards will be honored in the association's awards ceremony later.

We would like to thank all 12 members of SWS that participated and attend the event in Nemascolin. Best luck to all players next year, and keep it in the short grass.



Rules of Golf –

Don't take more than fourteen clubs with you.

You cannot use artificial means of measuring distances or conditions or to help you grip your club.

Only your partner or caddy can give you advice. You may practice a swing during a play but not play a practice stroke.

The order of play is determined by draw or lot.

Match Play. In match play, the golfer whose ball is farther from the hole is played first. The winner of a hole is the first to go at the next hole. If you play out of turn, your opponent may have you replay. If you play the wrong ball, you lose the hole.

Stroke Play. In stroke play, the golfer whose ball is farthest from the hole plays first. The golfer with the lowest score at a hole plays first (teeing off first is referring to as "your honor") at the next hole, and there is no penalty for playing out of turn. If you play the wrong ball you get a two-stroke penalty.

When teeing off, keep the ball between the tee markers. Your ball can either be even with the markers or up to two club lengths behind them. Play the ball where it lands. Unlike miniature golf, where a little nudge is generally

accepted, you can't move the ball in real golf.

Similarly, you can't change the course. Everything must remain as is.

Hit the ball with the club head.

You can clean your ball during play when your ball is on the green/putting surface but you must put it back exactly where it was.

You can't test the surface by rolling the ball.

If you hit your ball out of bounds, you'll have to add a stroke penalty and replay the ball. If you suspect your ball is out of bounds or lost, play this ball (called a provisional) before leaving the tee-off area; this will save time, especially on a busy day.

Maintain a good pace when playing.

These are just some of the basic rules of golf. There are more, complex rules, which you will learn as you play. Don't be afraid to ask your golfing partner or consider taking golf lessons to prepare yourself for the green.

SWS Golf Association will hold rules clinics throughout the winter season 2010. Plan to attend and be prepared when you next step onto a course, about the Rules, Regulations and Etiquettes of Golf.

**Fairways with Janice
October 31, 2009
Langston Golf Course**



Fairway with Janice, 3 Kings and 1 Queen for the Langston Jr. Boys & Girls Golf Club was held. This year there were 23 Foursomes, and over 23 women participated. We congratulate Janice and Langston for the Legacy in providing Education as well as activity for the youth. Stop by and check out the Educational room at the club house at Langston Golf Course.

Golf Word Scramble

- | | |
|----------------|-----------------|
| Llab _____ | ucbl _____ |
| Enrgse _____ | galf _____ |
| Lhoe _____ | degdeanws _____ |
| Caydd _____ | Aba _____ |
| Eet _____ | Pra _____ |
| Agssr _____ | Trca _____ |
| Rbiiird _____ | Laege _____ |
| Rostek _____ | Zadarh _____ |
| Blamscre _____ | Negres _____ |
| Ganillum _____ | Tput _____ |
| Wnigs _____ | Oninelohe _____ |



**REDUCED MEMBERSHIP RATE:
\$30.00**

JOIN SWS before November 21, 2009 and be eligible for 2010 membership package and discount to the Game Night

There is a lot of golf with the NEW Premier Women's Golf Association 2009

Membership applications:
www.swsgolfassoc.com or swsgolf@earthlink.net

**Sisters Who Swing Golf Association
(SWS) and Soulful Golf present.....
GAME NIGHT 2009**

"ITN" FUNDRAISER - SWS



**Saturday, November 21, 2009
7pm -12am**



**Studio Gemini
10800-E Rhode Island Ave
Beltsville, MD**



Casino - Black Jack, Roulette, Craps,
Texas Hold'em

Tournaments – Spades, Bid Whist, Dominoes
Board Games – Scrabble, Jingle, Monopoly

BINGO

Door Prizes



Music by: DJ DTUD
Drinks, Lite-Bufferet
Music by: DJ DTUD
Drinks, Lite-Bufferet

Admission: **\$35.00** per person
Early bird (purchase before Nov. 17)

After November 17, 2009 Admission: **\$40.00** per person

\$75.00 per couple

(No sales at the door)

Contact SWS: swsgolf@earthlink.net or call
703-981-0900 for tickets

Check out all that's new and our photo gallery
at www.swsgolfassoc.com