



Golf Association Newsletter



ISSUE no: 4 | October 09

Sisters Who Swing Golf Association
The **NEW** premier women's amateur golf association

WELCOME!...

Joy D. Wolfe / President / Director
Veronica Etheredge / Vice President
Kelly Garrison / Handicap Chair

Helen Paige Robinson / Secretary
Barbara C. Jolly / Treasurer

We'd love to hear from you. Email us your comments – swsgolf@earthlink.net
For all the latest information visit us online at the website: www.swsgolfassoc.com

SWS Golf Association Inaugural 2009 Avoid the “End of Season Blues”



Now is the time to **join** SWS, and keep playing in the fall.

As the temps begin to lower and color of the tree leaves starts to change, many golfers are quick to pack away the golf clubs for the season. Maybe it's because they think they can only golf when it's warm and the sun is beaming on their forehead. Or maybe they feel they can't play their best game unless wearing some shorts and sunglasses. Or just maybe

they feel that their game has tanked so much over the summer that it is time to call it quits (maybe for the year, maybe for life).

Whatever the reason, most clubs and association bid their members and local courses adieu before at fall. But that shouldn't be you. Instead, you should join SWS. You should keep playing in the autumn months to take advantage of the cheaper greens fees, great course conditions and a chance to reflect and prepare for the spring. SWS is a year round golf association, and has a program that would keep you warm and in swing for the spring.

SWS members are not quick to pack the clubs away in the garage in the fall when there are still plenty of great opportunities to golf and get better.

Fall golf is the best. The courses are always in great shape and

with the changing leaves make it really nice to be out there. Plus, they're less busy; not as many players out there.

Even though many golf courses will aerate their courses in the fall, which usually make the greens a little bumpier, SWS try asking the course staff about the aeration before scheduling a tee times. One thing many golfers have to remember about playing in the autumn is that is also easier to lose a golf ball that went into the rough or trees when trees are plenty red, orange, and yellow leaves on the ground.

If you are playing by the rules of golf, if you lose your golf ball in some leaves, you have to go to your original lie and hit another one. Or you can just drop one down if you are just socializing.

Besides playing to take advantage of better rates and playing conditions, playing into the fall

months, shorten the offseason and develop a plan for the winter that will help improve your game.

SWS has no “End of the Golf Season Blues” during the early part of autumn, as members of most clubs find themselves evaluating all their goals they didn’t accomplish and concluding whether they improved from the year before.

Instead, SWS has developed a plan for getting in the offseason that is filled with swing practice, instruction, physical fitness training and development of good attitudes and habits.

If you are not part of a plan or develop a plan in the fall and quit playing in the fall, then you’re going to be right back at Square One in the spring when everybody’s all excited.

SWS goals for players would include an offseason plan that includes swing, instruction and physical fitness training that would develop a good attitude and habits.

Just because the summer’s over, doesn’t mean you don’t want to keep taking lessons and participate in clinics.

When so many golfers are stowing their clubs away, SWS is swinging, fall is actually the perfect time to get more excited about the sport.

People are gearing down instead of gearing up. So take advantage of when everybody else is slowing down. That’s when you kick it into the next gear.

There is a place for you in SWS Golf Association.

JOIN SWS TODAY

SWS Golf Association Inaugural 2009 9-Hole Golf Play



SWS have changed the day and location of their 9-hole golf play. The 9-hole golf play is designed as a development program for a newer golfer to go from tee to green, and mentorship.

As of September, the play is on Saturday’s or Sunday’s at East Potomac Golf Course, Washington, DC.

The courses played are the Red & White Courses at East Potomac Golf Course. Times vary to accommodate schedules; instructions are available on the course as you play.

Any newer golfer that would like to participate in this outing should contact SWS by email. swsgolf@earthlink.net.

Come out and play, if you are a seasoned golfer, come out and mentor a newer golfer.

All is welcome.

SWS Golf Association Inaugural 2009 Championship Rounds



SWS 18-hole league players have started their championship rounds. 1st round of play was held at Patuxent Greens Golf Club on September 19, with 9 golfers present.

Second round of play was rained out on September 26, at Goose Creek Golf Course.

SWS play 3 rounds of golf in their championship play. All SWS members are eligible to play in the championship. A club champion, 1st place low gross, low net and 2nd & 3rd place awards will be honored. The next two rounds will be played October 10 & 11, 2009 at the resort of Nemaquin, Farmington, PA were the majority of the players will be in support of a golf outing. We are looking at 12 members of SWS to attend this event. Best luck to all players, and keep it in the short grass.



SWS Sisters *With* Swing

Golf Rules Game –

Trivia Quiz:

1. A player may lay his or her golf bag parallel to the line of putts to shield the line from the wind?

True or False

2. In match play, two players agree in advance to concede all putts within a specified length. Are they in violation of a rule?

True or False

3. What is the maximum number of clubs with which a player may start a round?

__13 __15
__12 __14

4. According to Rule 11, how many club lengths behind the tee markers may a player tee the ball and still be within the teeing ground?

__2 __1
__0 __4

5. Water hazards are defined by what color stakes or lines?

__green __red
__yellow __white

Rules of Golf –

Unplayable Lie

According to the rules of golf, the ball can be deemed as unplayable anywhere on the golf course except for inside a water hazard. The golfer is the only person who can deem the ball as being in an unplayable lie.

After declaring an unplayable lie you have three options to where you can drop the ball and each option has a one stroke penalty.

Play the ball from where it was originally played.

Drop the ball, no closer to the hole, two club lengths from the ball is unplayable.

Keeping the point of the unplayable lie between you and the hole, you may go back as far as you want/need and drop the ball along that point.

Since you have three options choose the option that suits you best to avoid increasing your score any more.

Nor following the proper drop procedure is a breach in the rule. If you are playing a match and the breach occurs the penalty is a loss of the that hole. In stroke play you will be assessed a two stroke penalty.

Points to Remember:

Only the player can deem a ball as unplayable.

Unplayable lie can occur anywhere except for water and lateral water hazards.

The golfer has three options for dropping the ball. Each option has a one stroke penalty.

The golf ball can be cleaned prior to drop.

SWS Golf Schedule: **Oct 2009** 9 Hole Development Program

**Saturday's or Sunday's
East Potomac Golf Course,
Washington, DC**

Contact:

swsgolf@earthlink.net by Wed of the week if you are interested in coming out to play. These outings provide on course instruction and skill development.

LESSONS:

SWS have partner with Langston Golf Course Professionals and the teaching Pros for lessons. Part of the LPGA program this year is "Get Golf Ready in 5 days" but a special offer is been held at Langston "Get Golf Ready in 6 days" \$99.00





Sisters Who Swing Golf Association (SWS) and Soulful Golf present.....
GAME NIGHT 2009

“ITN” FUNDRAISER - SWS



Saturday, *November 21, 2009*
7pm -12am



Studio Gemini
10800-E Rhode Island Ave
Beltsville, MD

Casino - Black Jack, Roulette, Craps, Texas Hold'em
Tournaments – Spades, Bid Whist, Dominoes
Board Games – Scrabble, Jingle, Monopoly
Door Prizes



Music by: DJ DTUD
Drinks, *Lite-Buffer*
Admission: **\$35.00** per person
Early bird (purchase before Oct. 20)

After October 20, 2009 Admission: **\$45.00** per person
\$75.00 per couple
(**No sales at the door**)

Admission includes Drinks, Buffet, and Fun Dollars
Advance Sales Tickets Only

Tickets and More Information:

swsgolf@earthlink.net

Paige Robinson, 202-277-6776
Veronica Etheredge, 240-601-4844

Barbara Jolly, 703-507-3111
Joy D. Wolfe, 703-981-0900

Langston Junior Boys & Girls Golf Club



FAIRWAY Janice OPEN

October 31, 2009

3 Jacks and A Queen

Langston Golf Course, Washington, D.C.

Registration: 11:30 am Tee Off: 12:30 pm
Plan to come out and support this event

Contact: Janice 202-397-8638



REDUCED MEMBERSHIP RATE:
\$30.00

JOIN SWS before OCTOBER 31, 2009
and be eligible for 2010 membership
package and discounts

There is a lot of golf with the NEW Premier
Women's Golf Association 2009

Membership applications:
www.swsgolfassoc.com or swsgolf@earthlink.net